

Lydeard St Lawrence CP School  
Close community – wide horizons

#### Introduction

This policy has been devised in consultation with staff, governors, parents/carers and students. The Somerset Stop Smoking Services and the Smoke Free Somerset Alliance supports the policy.

#### Rationale

- Research shows that almost a quarter of young people are regular smokers by the age of 15.
- Almost all adult smokers took up the habit when they were children.
- Approximately 114,000 smokers a year die in the UK, that's 300 a day.
- People are harmed by second hand smoke, e.g. lung cancer and childhood respiratory disease, heart disease, cot death, middle ear disease and asthmatic attacks in children.
- Schools have a role to play in working towards a smoke free society.
- All young people need to receive clear, consistent messages about the dangers of smoking.

#### Aims

- This school aims to be a health promoting organisation
- This school aims to protect staff, young people and visitors from the effects of tobacco smoke
- This school will raise awareness of the dangers of smoking through the Personal Social and Health Education Programme

#### Content

- Smoking is not allowed anywhere on the premises, building or grounds.
- This applies to teaching and non teaching staff, students, visitors and contractors and includes visits/school trips and out of hours activities and for community use.
- Staff and the PSHE Co-ordinator will ensure smoking related topics are part of the curriculum.

#### *Through:*

*PSHE lessons*

*Core and foundation subjects*

*Assembly*

*Circle time (KS 1,2)*

*Literacy/numeracy lessons (KS2)*

*Health Week*

*Work with Specialists e.g. School Health Advisors*

#### Communicating the policy to staff, parents/carers and visitors

- Staff will be informed at recruitment in staff handbooks.
- Clearly worded signs will be sited.
- Contractors will be informed and reminded of the policy.
- Information will be included in the school prospectus and website.
- Further information can be found at  
[www.smokefreesomerset.nhs.uk](http://www.smokefreesomerset.nhs.uk) Email: [smokefree@somerset.nhs.uk](mailto:smokefree@somerset.nhs.uk)

Information about the policy to be shared with the pupils as age appropriate

- The policy has been discussed by the School Council.
- Help will always be provided to those pupils who want advice.

#### Monitoring and evaluation

- This policy is available to view on request.
- The monitoring will be carried out through an annual review involving staff, students, parents and governors.
- Ultimate responsibility for the implementation of this policy rests with the Head Teacher.

#### Review

Target review date----July 2008-----

Date reviewed-----

Action Required by-----

Signed-----

Position held-----

Date-----

Produced by the Somerset Children and Young People's Directorate who cannot accept any liability for the accuracy of this information.

Healthy Schools Team of SCYPD/DCH/Smoking policy April 2007

Amended by Gill Stripp, Headteacher, May 2007

Adopted by governing body



**Here are some contacts and websites that provide a range of information about smoking and tobacco control, as well as help and advice for anyone wishing to give up smoking:**

## Help and advice CONTACTS:

Somerset Stop Smoking Service  
SOMERSET PCT CHATAWAY HOUSE CHARD  
BUSINESS PK LEACH RD CHARD TA201FR  
Tel:01460 238 671

Smoke Free England

[www.smokefreeengland.co.uk](http://www.smokefreeengland.co.uk) or phone the **Smokefree  
England Information Line 0800 169 1697**



## INFORMATION ON HEALTH AND SMOKING:

Underage Sales (Trading Standards) 0845  
3459188

Schools Drug Advisor D.Cromey-Hawke  
dcromey-hawke@somerset.gov.uk  
01823 447128 or 01458210451

School Health Advisor NHS (Drugs Lead) Karen  
Robinson - 01823 344373

Healthy Schools Team Dr Kath Wilson -  
Kwilson@somerset.gov.uk

## WEBSITES :

**For Teachers and  
Students:**

[www.wiredforhealth.gov.uk](http://www.wiredforhealth.gov.uk)

**For Young People:**

[www.bhf.org.uk/youngpeople/index\\_home.asp?SecID=59](http://www.bhf.org.uk/youngpeople/index_home.asp?SecID=59)

[www.tacade.com](http://www.tacade.com)

**For Smokers:**

[www.givingupsmoking.co.uk](http://www.givingupsmoking.co.uk)

[www.quit.org.uk/](http://www.quit.org.uk/)

[www.roycastle.org](http://www.roycastle.org)

**On Smoking and Health:**

[www.nosmokingday.org.uk](http://www.nosmokingday.org.uk)

[www.ash.org.uk](http://www.ash.org.uk)

**children against smoking:**

[www.costkids.org/trueads/trueadframeset.htm](http://www.costkids.org/trueads/trueadframeset.htm)

**For Teachers:**

[www.teachernet.gov.uk](http://www.teachernet.gov.uk)

